

## WINTER SOWING 2022

Presented by Cathy Carpenter



**Seeds that work:** Check seed package for any of the following phrases:

- ❖ Cold hardy
- ❖ Cold and moist stratification
- ❖ Direct sow outside in early spring (before last frost)
- ❖ Direct sow outside year-round
- ❖ Perennials
- ❖ Self-seeding
- ❖ Frost tolerant vegetables

### **Materials that you will need:**

- ❖ Clean translucent or clear container with lid able to hold 3 to 4 inches of potting mix
- ❖ Scissors or sharp knife/box cutter to cut container and make drainage holes
- ❖ Potting Mix: enough to fill container 3 to 4 inches or about 1 inch below cut line
- ❖ Water Source
- ❖ Duct tape or clear packing tape
- ❖ Wax pencil or permanent Sharpie
- ❖ Label for inside container
- ❖ Seeds: plant depth according to package directions

**Place outside where it can receive rain/snow—then forget it!**

**Until the weather starts warming up:**

## References:

Wintersown Educational on Facebook: Trudi Davidoff's company

"Winter Sowing, A Gardener's Delight" in Upstate Gardeners' Journal, November 13, 2013: Ms. Davidoff's article describing winter sowing

<https://www.permaculturenews.org/2012/01/10/winter-sowing-%E2%80%93-germinating-the-natural-way/>

University of Illinois & Penn State University: Master Gardeners' articles on how to winter sow

<https://growitbuildit.com/illustrated-guide-to-winter-sowing-with-pictures>

[https://extension.psu.edu/downloadable/download/sample/sample\\_id/4486/](https://extension.psu.edu/downloadable/download/sample/sample_id/4486/)

<https://www.cleanwaterfund.org/2021/02/07/sustainable-seed-starting-sowing-snow>

<https://www.ecolandscaping.org/09/designing-ecological-landscapes/native-plants/growing-in-the-off-season-native-perennials-from-seed/>

**LISTS OF SEEDS TO USE:** research growing zone (7a)

<https://104homestead.com/winter-sowing-by-zone>

<https://www.gardeningchannel.com/a-guide-to-winter-sowing/>

<https://getbusygardening.com/seeds-to-winter-sow/>

<https://www.homefortheharvest.com/winter-sowing>

## NOTES:

Knox County Master Gardeners website: [www.knoxcountymastergardener.org](http://www.knoxcountymastergardener.org)

Knox County Master Gardeners Facebook page: <https://www.facebook.com/KnoxCountyMG>

Ask-a-Master Gardener / Knox County Extension Helpline: (865) 215-2340

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